



**Congratulations
to all on
the success of our
Christmas Quiz!**

We raised a grand total of
£1,159.60

and gave

- £400 to the Archer Project
- £400 to the S2 Foodbank
- £359.60 for Falkland House Patient Support

From the beginning of April

Keep your eye out for a text, directly from the Surgery or through the NHS App., inviting those eligible to make an appointment for either:

- a Covid vaccination booster or
- an RSV vaccination
- or both

The RSV vaccine is recommended if:

- you're pregnant – the vaccine is recommended during every pregnancy (from 28 weeks onwards) to help protect your baby after they're born
- you're aged 75 to 79

JOIN YOUR PPG!

To support the Surgery and its patients the PPG always needs new members

Join us as an **ACTIVE** member

or

as a **VIRTUAL** member
through an email link

**TO FIND OUT MORE PLEASE
CONTACT**

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Nigel Gater

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For further information about the
PPG check us out on the Falkland
House Website

Our next meeting:

Falkland House Surgery

Tuesday April 8th 2025

6-8pm

Falkland House Surgery

**PATIENT
PARTICIPATION
GROUP**

**Newsletter
Spring
2025**





Did You Know?

Wasted medicines waste money

Unused prescription medicines cost the NHS across the UK over **£300 million every year**

£300 million could pay for either:

- 80,906 MORE hip replacements
- 101,351 MORE knee replacements
- 19,799 MORE drug treatment courses for breast cancer
- 11,778 MORE community nurses

or

- 300,000 MORE drug treatment courses for Alzheimer's

There are ways you can help reduce the cost of wasted medicines!

Remember, only order what you need and help us make **more** of your local NHS

How Can You Help?

There are a number of ways that you can help to reduce the issue of wasted medicines and save money for your local NHS.



Only order the medicines that you need

- Please let your GP or Pharmacist know if you've stopped taking any of your medicines
- Check what medicines you still have at home before re-ordering
- Discuss your medication with your GP or Pharmacist on a regular basis
- Think carefully before ticking all the boxes on your repeat prescription forms and only tick those you really need
- If you don't need the medicine please don't order it! If you need the medicine in the future you can still request it
- Please also remember that your medicines are prescribed only for you; it's not safe to share them with anyone else

Remember that unused medicines cannot be recycled

- Even if you never open them, once medicines have left the Pharmacy, they cannot be recycled or used by anyone else
- Please bring your unused medicines to the Pharmacy for safe disposal. **NEVER** dispose of your unused or unwanted medicines down the toilet



Patient Survey October 2024

A big **thank you** to the 242 patients who took part in our Patient Survey.

We learned a great deal about what you **most value** about the Falkland House Practice and aspects you felt **could be improved**.

Read the **full Survey Report** or a **Brief Summary** on the Falkland House Website Patient Participation page, or pick up a paper copy of the Brief Summary at the surgery.

And a big surgery



to all the staff

Just before Christmas a basket of fruit and Christmas goodies was presented to the Surgery Team by the PPG as a big thank you for all their work during the year.

The Patient Survey was full of praise for the medical and support staff at Falkland House. One patient said they most valued:

"All the staff for their patience, empathy and unwavering dedication in providing us with the best service possible in what I am sure are sometimes challenging circumstances"